



Little time:

- Make a promise that you will attend Sunday Eucharist every Sunday for the next six weeks.
- Prepare to celebrate Sunday Eucharist by spending some time in prayer with Scriptures for the upcoming celebration.
- Try to attend a weekday Eucharist once every week in addition to the Sunday Eucharist.

Especially for students/teachers

- Arrange for a group to gather before or after school hours to do some faith sharing or Bible study

Especially for families

- Begin one meal a week with the question: “How did I meet Jesus this week?” Take turns answering the question.
- Begin a meal with a prayer of thanksgiving by each person for one gift each person received from God today.
- In the car on the way home from mass talk about one of the following things:
 - Why do you think we say “thanks be to God after the first and second readings?”
 - Why do you think sing/say “Alleluia” before the Gospel is read?
 - Why is it so important to go to mass every week?